



Lola Marie Rococo

Lola Marie Rococo is a slow living writer and author of **Life's Ocean: Journal of a First-Year Law Student**, who loves humor and feel-good stories. A law school graduate, legal professional, artist, wife, and mother, she believes in life's ocean of positive change—with all its ebbs and flows. Lola lives near the water and writes most mornings after long walks, with a sleeping baby on her shoulder and a mind full of curiosity and quirky ideas.



DISCUSSION KIT

Why law school? What drew you to law school, and how did you feel applying? Do you relate to Nat's desire for momentum and structure after college?

Why our school? Why did you choose our law school? How are you feeling about the fall? Do Nat's affirmations help you feel more grounded?

Law school curriculum. How do you feel about things like the Socratic method, case briefing, and legal writing? Does Nat's trial-and-error process make you feel more prepared?

Opportunities and boundaries. How do you feel about internships, exams, and things like moot court or journals? What motivates you? Where might you align your energy strategically, like Nat?

Exams and study habits. Do outlining and exams feel stressful or doable? What study or wellness habits have helped you before? What do you want to try this year?

Life logistics. How are you approaching budgeting, working, and staying active? What goals or expectations do you have here?

Community and support. What stood out to you about friendships, study groups, or class dynamics? What kind of support system do you want to build?

Final reflection. What words, scenes, or rituals from the book stayed with you? What can you carry into law school—maybe a phrase, a habit, or a mindset?

